



## Lighthouses & Landscapes TMAC PRESS TRIP

**Gary Cralle ~ Lindsay Nieminen ~ Vanessa Chaissen ~ William Tang**

**June 19-22, 2022**

*In some spots, time has stood still in Nova Scotia which lends itself to intriguing photography across the province and the Southwestern tip is no exception. It's where you will find one quaint fishing harbour after another with dozens of lighthouses scattered along the shorelines. Peggy's Cove lighthouse might be the most well known in the province but this trip will take you down back roads for some spectacular coastal photography opportunities. Designed with the professional photographer in mind, early and late shooting is scheduled each day. The trip will be escorted by a local photography expert who will share insights on how to capture that magical shot. Lighthouses on the itinerary include Gilbert's Cove, Cape Saint Marie, Cape Sable, Sandy Point and Cape Forchu to name a few*

**Your itinerary has been arranged by Yarmouth & Acadian Shores Tourism Association in cooperation with various industry partners.**

<p>Tour Hosts:</p> <p>Sandra Phinney <a href="mailto:sandracphinney@gmail.com">sandracphinney@gmail.com</a></p> <p>Carla Allen <a href="mailto:yourgogirl@hotmail.com">yourgogirl@hotmail.com</a></p>	<p>Hashtags: #TMACYAS</p> <p>Twitter: @VisitYAS, @TravelMediaCA</p> <p>Instagram: @VisitYAS, @travelmediaca</p> <p>Facebook: @VisitYAS, @travelmediaca</p> <p>Website: <a href="http://yarmouthandacadianshores.com">yarmouthandacadianshores.com</a></p> <p>LinkedIn: <a href="https://www.linkedin.com/company/travel-media-association-of-canada-tmac">travel-media-association-of-canada-tmac</a></p>
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**The itinerary is subject to change.**

**Travel Insurance:** It is your responsibility to ensure that you have adequate travel insurance to cover you for all activities you will be participating in during the trip.

**Dress:** Nova Scotia has a temperate climate with summer daytime temperatures in the range of 18-28°C to evening lows of 15-25°C. Please be sure to bring medium-weight, comfortable clothing that can be layered and a good pair of walking shoes; raincoat; sweater / sweatshirt and a light jacket.

**Internet and Phone:** Complimentary internet access available at your hotels. Local phone calls are complimentary, but you may incur charges for long distance calls.

**Accommodations:** Upon check-in at your hotel you may be asked to provide a credit card to pay for any incidental charges not included as part of the itinerary at your own expense. IE: gratuities, mini-bar, room service, phone calls, movies, spa, etc.

**Meals:** Meals provided where indicated in the itinerary. All other expenses are the responsibility of the guest.

**Activities:** The activities outlined in the itinerary require minimal to moderate physical activity and durability.

**Sunday June 19, 2022**

Arrive at Halifax Stanfield International Airport.

Meet your host in the arrivals area to transfer to downtown Halifax.  
**(Driving Time: Airport to Downtown Halifax – 30 minutes)**

Welcome to Halifax, a city that deftly blends the past with the present to produce a skyline dotted with elegant 18th- and 19th- century architecture alongside ultra-modern towers of glass and steel. The heart of Halifax is perfect for exploring on foot, with treelined streets, international restaurants, galleries, libraries and museums. Inviting sidewalk cafés beckon you to while away a few hours amid park-like, waterfront, and historic settings in the busy downtown, often with a backdrop of the bustling harbour, which entertains ship traffic from every corner of the globe.

6:00 PM

**WELCOME RECEPTION: MUIR Autograph Collection Hotel**

1709 Lower Water St, Halifax, NS

<https://muirhotel.com/>

- Take a guided tour of this new and exciting new property in downtown Halifax. Reception includes hors d'œuvre, signature cocktails and more.
- Situated in the centre of downtown Halifax in the new Queen's Marque district, Muir juts dramatically over the waterfront, heralding unprecedented views and direct ocean access. With bespoke interiors and furniture, ultra-premium fitness and vitality centre, exclusive guest-only art gallery and enviable location in the epicentre of the new culinary district, Muir is a gracious host and one-of-a-kind destination.
- Reception concludes approximately 8:00 pm.

	<p><b><u>OVERNIGHT:</u></b>                  The Sutton Place Hotel Halifax                  1700 Grafton St,                  Halifax, NS B3J 2C4                  Phone: (902) 932-7548  <a href="https://www.suttonplace.com/halifax">https://www.suttonplace.com/halifax</a></p> <ul style="list-style-type: none"> <li>• Situated within the Nova Centre, The Sutton Place Hotel Halifax offers unmatched modern luxury in the heart of downtown. The hotel’s contemporary and elegant design is a complementary reflection of the design-forward flagship Nova Centre, its shared relationship with the Halifax Convention Centre, and the European culture of Argyle Street.</li> <li>• Upon entering the hotel, guests will be welcomed into a modern and spacious lobby complete with an elegant décor of sparkling Italian marble walls and extravagant lighting. This freshly modern and elegant design style is also found in each of the 262 guestrooms and suites, where guests can enjoy exceptional comfort with built-in and automated in-room amenities, spa-inspired bathrooms, and floor to ceiling windows that perfectly capture the spectacular views of downtown, Halifax Waterfront Harbour, and historical Citadel Hill.</li> <li>• Besides the unlimited choice of culinary delights that can be found along Argyle Street and throughout downtown Halifax, guests can also dine at the on-site restaurant, Chop Steakhouse &amp; Bar. While enjoying a delicious and award-winning steak or seafood entrée, guests will notice the large custom, hand-painted mural illustrating the awestruck wonder of a maritime storm.</li> </ul>
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**Monday June 20, 2022**

	<p>Breakfast at leisure.</p>
8:00 AM	<p>Meet in the lobby to load the vans and depart for Digby area.  <b><i>(Driving Time: Downtown Halifax to Digby – 2.5 hrs)</i></b></p>
11:00 AM	<p><b><u>VISIT:</u> Point Prim Lighthouse</b>                  1430 Lighthouse Road, Digby</p> <ul style="list-style-type: none"> <li>• This traditional lighthouse, with its vertical red and white stripes, was originally built in c1817 and is the fourth one built on this site. On site you will find interpretive panels and a short walking trail with spectacular views overlooking the Bay of Fundy.</li> </ul>
11:45 AM	<p>Depart for Downtown Digby</p>
12:00 PM	<p><b><u>LUNCH:</u> The Crow’s Nest Restaurant</b>                  40 Water St, Digby</p> <ul style="list-style-type: none"> <li>• Casual dining with a fine view of the bustling Digby Wharf, offering fresh seafood and generous portions.</li> </ul>

1:30 PM	<p>Depart Digby for Gilbert’s Cove</p> <p><b><u>VISIT: Gilbert’s Cove Lighthouse</u></b>                  244 Lighthouse Rd, Plympton, NS  <a href="https://www.gilbertscovelighthouse.com/">https://www.gilbertscovelighthouse.com/</a></p> <ul style="list-style-type: none"> <li>• Gilbert’s Cove Lighthouse was built in 1904 and had only two light-keepers throughout its years of service, both being from the same family.</li> </ul>
2:30 PM	<p>Depart for Belliveau Cove  <b><i>(Driving Time: Gilbert’s Cove to Belliveau Cove – 15 mins)</i></b></p>
2:45 PM	<p><b><u>VISIT: Belliveau Cove Lighthouse</u></b>                  Parc Joseph-et-Marie Dugas Municipal Park, Clare, NS  <a href="https://baiesaintemarie.com/en/see-and-do/parks/belliveau-cove-municipal-park">https://baiesaintemarie.com/en/see-and-do/parks/belliveau-cove-municipal-park</a></p> <ul style="list-style-type: none"> <li>• Belliveau Cove, an Acadian community, was established in 1768 and is situated on St. Mary’s Bay on the west coast of Nova Scotia. Like many of the small coastal port villages in Nova Scotia, Belliveau Cove was known for its wooden ship building and shipping industry.</li> <li>• The lighthouse is located in Belliveau Cove and sits at the end of the wharf that juts out into the harbour.</li> <li>• A storm in 1973 toppled Belliveau Cove Lighthouse, whose foundation had deteriorated by then, in the bay. A community group built a replica lighthouse in the 1980s, and it is now maintained as a private navigational aid.</li> </ul>
3:30 PM	<p>Depart for Mavillette to check into accommodations.  <b><i>(Driving Time: Belliveau Cove to Mavillette Beach – 15 mins)</i></b></p>
5:15 PM	<p>Meet to depart for Meteghan.</p>
6:30 PM	<p><b><u>DINNER: Seashore Restaurant</u></b>                  8467 Highway 1, Meteghan</p> <ul style="list-style-type: none"> <li>• Seafood restaurant offering a menu with a wide variety of items and fabulous views of the bay.</li> </ul>
8:00 PM	<p>Depart for Cape St. Mary’s for sunset lighthouse photography</p> <p><b><u>VISIT: Cape Saint Mary Lighthouse Park</u></b>                  59 Lighthouse Road, Cape St. Mary’s  <a href="https://capsaintemarie.ca/en/">https://capsaintemarie.ca/en/</a></p> <ul style="list-style-type: none"> <li>• Cape Saint Mary Lighthouse Park is located at a natural look-off site where visitors and locals come year-round to enjoy the scenic ocean views and sunsets while overlooking the dramatic cliffs of St. Mary’s Bay.</li> <li>• In 2017, the Municipality of Clare took ownership of the property and developed a lighthouse park. Exterior renovations to the lighthouse and site improvements, including a new parking lot, were added. In July 2018, a granite monument was unveiled, commemorating those lost at sea in the Municipality of Clare.</li> <li>• Other site amenities include picnic tables, an accessible picnic shelter,</li> </ul>

	<p>restrooms (portable toilets seasonally), a viewing scope, and bilingual interpretive panels explaining the founding of the village, history of the lighthouse, local marine ecology, and even the fog. The park is just a three-minute drive from beautiful Mavillette Beach Provincial Park.</p> <p><b><u>OVERNIGHT:</u></b>                  Cape View Motel and Cottages                  124 John Doucette Rd,                  Mavillette, NS B0W 2H0                  Phone: (902) 645-2258  <a href="http://capeviewmotel.ca/">http://capeviewmotel.ca/</a></p> <ul style="list-style-type: none"> <li>• Enjoy stunning views of Mavillette Beach Provincial Park and Cape St. Mary’s fishing village and lighthouse. In the evening, relax and enjoy spectacular sunsets.</li> <li>• Accommodations include 10 ocean view motel units (Double, Queen &amp; King; some Efficiency Suites); 5 cottages (Double, Queen &amp; Single; light housekeeping facilities) with a 4-piece bath and cable television. Other guest features include picnic tables, barbecues and wireless Internet.</li> </ul>
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**Tuesday June 21, 2022**

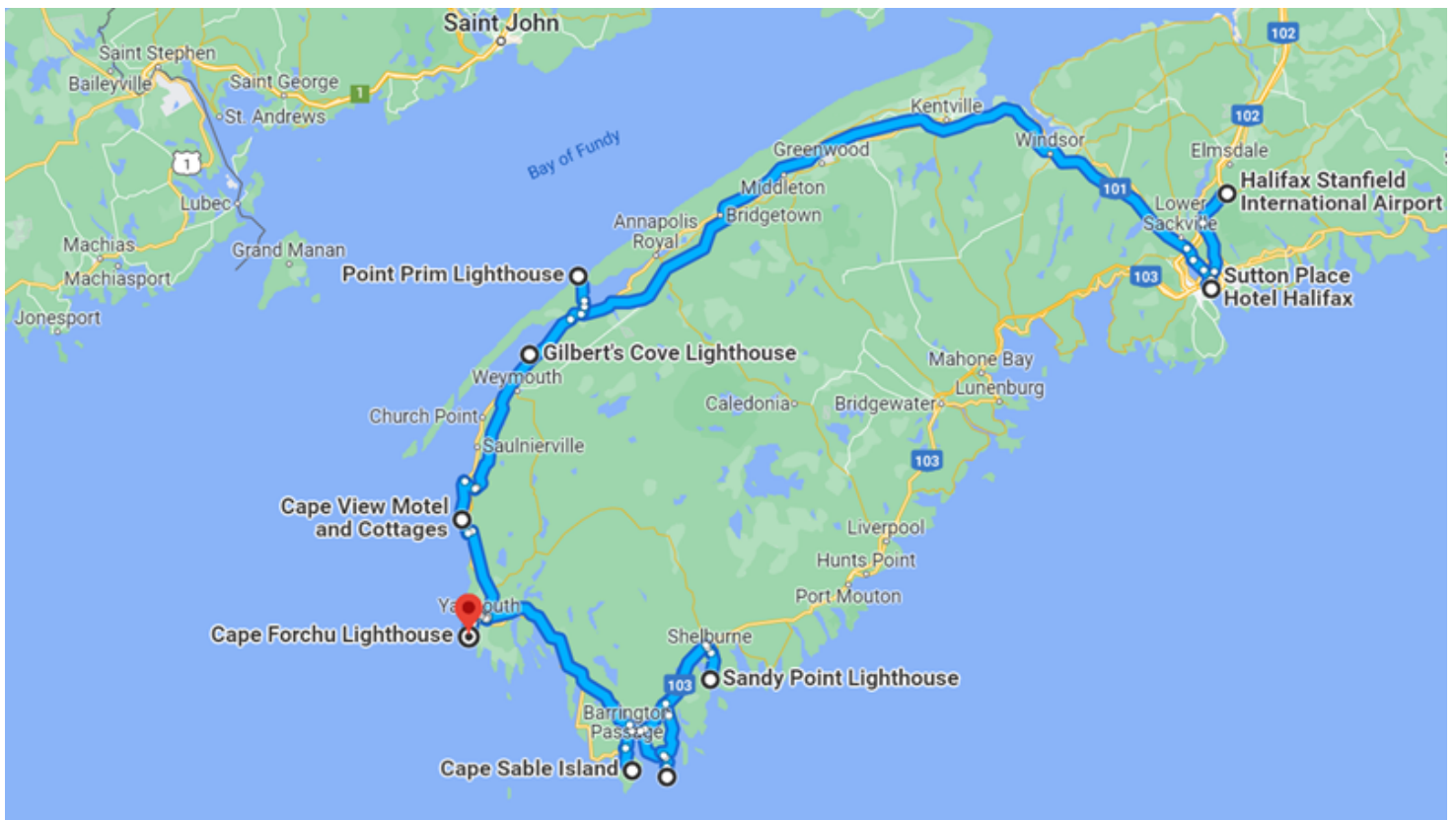
	<p>Breakfast at leisure.</p>
<p>8:30 AM</p>	<p>Depart Mavillette for East Pubnico.  <b><i>(Driving Time: Mavillette to East Pubnico – 1 hr)</i></b></p>
<p>9:30 AM</p>	<p><b><u>VISIT: East Pubnico Lighthouse</u></b>                  Lower East Pubnico, NS</p> <ul style="list-style-type: none"> <li>• Historical landmark in the Lower East Pubnico overlooking the Lower West Pubnico Windfarm.</li> </ul>
<p>10:30 AM</p>	<p>Depart for Baccaro Lighthouse  <b><i>(Driving Time: East Pubnico to Baccaro Lighthouse – 1 hr)</i></b></p>
<p>11:30 AM</p>	<p><b><u>VISIT: Baccaro Point Lighthouse</u></b>                  From Barrington continue south on Lighthouse Route for 11.1 km (6.9 miles) to Port Latour Road and follow the directions above.</p> <ul style="list-style-type: none"> <li>• Perched at the edge of the ocean, this lighthouse is an important seabird watching site and a great place to take in the panoramic views and surf. Located on the east side of Barrington Bay near Port La Tour, this small wooden lighthouse was built in 1934.</li> <li>• Baccaro is the oldest place name in Nova Scotia. It comes from the Basque word, Baccolaos, cod-fish. Baccaro point is the most southerly point of mainland Nova Scotia. (Cape Sable, off Cape Sable Island, is the furthest South).</li> </ul>
<p>12:30 PM</p>	<p>Depart for Shelburne.</p>

<p>1:15 PM</p> <p>2:30 PM</p> <p>6:00 PM</p> <p>8:00 PM</p>	<p><i>(Driving Time: Baccaro Lighthouse to Shelburne – 45 mins)</i></p> <p><b>LUNCH: Boxing Rock Brewing Company</b>                  218 Water Street, Shelburne, NS  <a href="https://boxingrock.ca/">https://boxingrock.ca/</a></p> <ul style="list-style-type: none"> <li>• Boxing Rock was founded in 2012 by two engineers with a passion for craft beer, Henry Pedro &amp; Emily Tipton.</li> <li>• According to local Folklore, Boxing Rock in Shelburne Harbour is where bickering seaman were left by their captain to sort out their differences. The choice: box until only one could return to the ship or shake hands and share a beer. Either way, there is only a few short hours until high tide.</li> <li>• The taproom offers delicious food that complements their beers. You can book beer experiences, learn about beer and even throw an axe!</li> </ul> <p>Check into your accommodations</p> <p><b>DINNER: The Ship’s Galley</b>                  156 Water, Shelburne, NS</p> <ul style="list-style-type: none"> <li>• The Ship’s Galley is a pub located in downtown Shelburne serving up local seafood, burgers and local craft and domestic beer.</li> </ul> <p>Depart for Sandy Point Lighthouse for sunset photos.  <i>(Driving Time: Charlotte Lane Cafe to Sandy Point Lighthouse– 15 mins)</i></p> <p><b>VISIT: Sandy Point Lighthouse</b>                  Sandy Point Rd, Shelburne, NS  <a href="https://sandypointlighthouse.weebly.com/">https://sandypointlighthouse.weebly.com/</a></p> <ul style="list-style-type: none"> <li>• The Sandy Point Lighthouse is one of Shelburne’s most popular destinations is known for its historical, architectural, and environmental significance. The site of the lighthouse is both picturesque and unique.</li> <li>• Located on a sand bar at the entrance of Shelburne Harbour, the lighthouse offers photo opportunities at any time of day; however, at low tide, you can enjoy the sandy beach which allows you to walk out to the lighthouse for that perfect selfie.</li> </ul> <p><b>OVERNIGHT:</b>                  Cooper’s Inn                  36 Dock St,                  Shelburne, NS B0T 1W0                  Phone: (902) 875-4656  <a href="https://www.thecoopersinn.com/">https://www.thecoopersinn.com/</a></p> <ul style="list-style-type: none"> <li>• The Cooper’s Inn (c1785) offers 8 quality accommodations including an Apartment/Suite and 7 rooms with private ensuite baths. Enjoy a sumptuous full breakfast/menu each morning.</li> </ul>
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**Wednesday June 22, 2022**

	<p>Breakfast at leisure.</p>
<p>8:30 AM</p>	<p>Load the vans and depart for Cape Sable Island. <b>(Driving Time: Shelburne to Barrington Passage - 30 mins)</b></p>
<p>9:00 AM</p>	<p>Cape Sable Island is the most southerly point in Nova Scotia and home to dozens of living wharves. Make a few stops for some great photo ops! This area is also home to some of Nova Scotia’s most famous beaches and we will give you a few minutes to dip your toes into some of the whitest sand beaches you’ve ever seen!</p> <p>Visit The Hawk, located on Cape Sable Island, on the most southerly tip of Nova Scotia. Walk this white sandy beach and explore the 1,500 year old drowned forest - a broad area of petrified tree stumps still rooted in the original soil that are exposed at low tide.</p> <p>The beach is part of the Cape Sable Important Bird Area, making it one of the best birding areas in Nova Scotia. From the beach you can view the Cape Sable Lighthouse, the tallest lighthouse in Nova Scotia, standing at 101 feet tall.</p>
<p>10:30 AM</p>	<p><b>TOUR: Seal Island Light Museum</b> 2422 Highway 3, Barrington <a href="http://www.barringtonmuseumcomplex.ca/seal-island-lighthouse">www.barringtonmuseumcomplex.ca/seal-island-lighthouse</a></p> <ul style="list-style-type: none"> <li>• A unique experience awaits visitors to the scenic community of Barrington on Nova Scotia’s South Shore, where the Seal Island Lighthouse Museum had stood sentinel by the headwaters of the Barrington River for 30 years. Operated by the Cape Sable Historical Society, visitors can tour the five story, 35 foot tall replica of the original 60 foot lighthouse whose beacon still guides mariners from Seal Island, which is located approximately 18 miles offshore.</li> <li>• Inside the museum are numerous artifacts from the local area chronicling the lives of local lighthouse keepers and the area’s rich seafaring history. The museum houses the second order Fresnel lens, which was in use from 1902 to 1978 in the Seal Island Lighthouse. A panoramic view of Barrington Bay is visible from the top of the lighthouse museum.</li> <li>• This museum is part of a four-site complex, all within walking distance of each other along the scenic Barrington River.</li> </ul>
<p>11:30 AM</p>	<p>Depart for Cape Forchu</p>
<p>12:30 PM</p>	<p><b>LUNCH, TOUR &amp; TASTING: Cape Forchu Lighthouse &amp; the Keeper’s Kitchen</b> <a href="https://capeforchu.com/">https://capeforchu.com/</a></p> <ul style="list-style-type: none"> <li>• With the area’s history predating Samuel de Champlain’s introduction to the area, Cape Forchu is a significant draw to Yarmouth &amp; Acadian Shores. The light itself, its 19 acres of well-groomed grounds, the views of Yarmouth’s working harbour and the drive to the Cape through the very heart of an active fishing community, are all emblematic of Nova Scotia’s coastal heritage.</li> </ul>

<p>2:30 PM</p> <p>3:00 PM</p>	<ul style="list-style-type: none"> <li>• Climb the 77-steps to the top for stunning 360 views of rugged, untouched coastlines with the <a href="#">Climb the Light</a> Experience.</li> <li>• Explore the rocky grounds of <a href="#">Leif Erikson Trail</a>.</li> <li>• Enjoy a delicious lobster roll at the iconic <a href="#">Keeper’s Kitchen</a>.</li> </ul> <p>Depart for downtown Yarmouth.</p> <p>Check into your TMAC Conference Host Hotel</p>
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### Contact Cheat Sheet

Operator	Contact Information	Website	Social Media
MUIR Autograph Collection Hotel	Stephanie Carver Senior Marketing & Communications Manager (902) 718-9852 scarver@armourgroup.com	<a href="https://muirhotel.com/">https://muirhotel.com/</a>	@muirhotelhalifax
Sutton Place Hotel Halifax	Lori Forward Director of Sales – Atlantic Region 902 932 7531 LForward@suttonplace.com	<a href="http://www.suttonplace.com">www.suttonplace.com</a>	@thesuttonplacehotels
Clare Acadian Shore/Baie Sainte-Marie region	Larry Peach Tourism Manager 902-769-8555 cell <a href="mailto:tourism@munclare.ca">tourism@munclare.ca</a>	EN: <a href="https://baiesaintemarie.com/en/">https://baiesaintemarie.com/en/</a> FR: <a href="https://baiesaintemarie.com/">https://baiesaintemarie.com/</a>	#baiesaintemarie Twitter/Instagram: @baiesaintemarie  Facebook: Visitez la Baie Sainte-Marie @Baiesaintemarietourisme
Municipality of the District of Barrington	Suzy Atwood Director of Marketing & Tourism Development 902-903-0494 satwood@barringtonmunicipality.com	<a href="https://www.barringtonmunicipality.com/">https://www.barringtonmunicipality.com/</a>	@visitbarrington
Cape Saint Mary Lighthouse Park		<a href="https://capsaintemarie.ca/en/">https://capsaintemarie.ca/en/</a>	FB: <a href="https://www.facebook.com/capesaintmarylighthousepark">@capesaintmarylighthousepark</a>
Belliveau Cove Lighthouse		<a href="https://baiesaintemarie.com/en/see-and-do/parks/belliveau-cove-municipal-park">https://baiesaintemarie.com/en/see-and-do/parks/belliveau-cove-municipal-park</a>	IG: <a href="https://www.instagram.com/baiesaintemarie">@baiesaintemarie</a> FB: <a href="https://www.facebook.com/baiesaintemarietourisme">@baiesaintemarietourisme</a> T: <a href="https://www.tiktok.com/@BaieSainteMarie">@BaieSainteMarie</a>
Churchill's Dining Room & Lounge @ Digby Pines Golf Resort & Spa		<a href="https://www.digbypines.ca/">https://www.digbypines.ca/</a>	IG: <a href="https://www.instagram.com/digbypines">@digbypines</a> FB: <a href="https://www.facebook.com/digbypines">@digbypines</a> T: <a href="https://www.tiktok.com/@DigbyPines">@DigbyPines</a>
Gilbert's Cove Lighthouse		<a href="https://www.gilbertscovelighthouse.com/">https://www.gilbertscovelighthouse.com/</a>	
The Crow's Nest Restaurant		<a href="https://www.facebook.com/CrowsNesttoo/">https://www.facebook.com/CrowsNesttoo/</a>	IG: <a href="https://www.instagram.com/crowsnestdigby">@crowsnestdigby</a> FB: <a href="https://www.facebook.com/CrowsNesttoo">@CrowsNesttoo</a>
Seashore Restaurant & Blue Rock Lounge		<a href="https://www.facebook.com/Seashore-Restaurant-Blue-Rock-Lounge-233215993371022/">https://www.facebook.com/Seashore-Restaurant-Blue-Rock-Lounge-233215993371022/</a>	
Cape View Motel & Cottages	<a href="mailto:capeviewmotel@eastlink.ca">capeviewmotel@eastlink.ca</a> 902-645-2258	<a href="http://www.capeviewmotel.ca/">http://www.capeviewmotel.ca/</a>	@capeviewmotelandcottages
East Pubnico Lighthouse		<a href="https://www.lighthousefriends.com/light.asp?ID=1353">https://www.lighthousefriends.com/light.asp?ID=1353</a>	
Baccaro Point Lighthouse		<a href="https://www.lighthousefriends.com/light.asp?ID=1358">https://www.lighthousefriends.com/light.asp?ID=1358</a>	

Seal Island Light Museum		<a href="http://www.barringtonmuseumcomplex.ca/seal-island-lighthouse">www.barringtonmuseumcomplex.ca/seal-island-lighthouse</a>	FB: @barringtonmuseumcomplex IG: @barringtonmuseumcomplex
The Ship's Galley		<a href="https://www.facebook.com/TheShipsGalleyPubAndEatery/">https://www.facebook.com/TheShipsGalleyPubAndEatery/</a>	
Boxing Rock Brewing Company	Clara - <a href="mailto:taproom@boxingrock.ca">taproom@boxingrock.ca</a> 902-874-2446	<a href="https://boxingrock.ca/">https://boxingrock.ca/</a>	IG: @boxingrock FG: <a href="https://www.facebook.com/boxingrock">https://www.facebook.com/boxingrock</a> TW: <a href="https://twitter.com/boxingrockbeer">https://twitter.com/boxingrockbeer</a>
Sandy Point Lighthouse		<a href="https://sandypointlighthouse.weebly.com/">https://sandypointlighthouse.weebly.com/</a>	@SandyPointLighthouseAndCommunityCentre
Cooper's Inn	David Shute 902-875-4656 <a href="mailto:mail@thecoopersinn.com">mail@thecoopersinn.com</a>	<a href="https://www.thecoopersinn.com/">https://www.thecoopersinn.com/</a>	FB: @thecoopersinn IG: @thecoopersinn1
Cape Forchu Lighthouse & the Keeper's Kitchen	Jennifer Wilkins - Manager 902-740-1680 <a href="mailto:Jennifer@district.yarmouth.ns.ca">Jennifer@district.yarmouth.ns.ca</a>	<a href="https://capeforchu.com/">https://capeforchu.com/</a>	IG: @capeforchu T: @CapeForchu #capeforchu